

**Learn** from Christian experts who combine psychology with BIBLICAL TRUTH.

**Discover** the NEUROBIOLOGY of food, how it affects recovery, and how to balance science and freedom.

**Understand** how TRAUMA leads to internal "disconnection" and how to REINTEGRATE for sustained recovery.

**Dare to DREAM** about new ways God can use you to bring his HOPE to others!



**CONSTANCE RHODES**  
Founder, FINDINGbalance  
"NEXT Starts NOW!"  
FRIDAY Morning Kickoff



**FINDINGbalance**

eat well. live free.

PO BOX 284  
Franklin, TN 37065

REGISTER TODAY!

[www.findingbalance.com/hfh](http://www.findingbalance.com/hfh)

615-599-6948 x. 703 | [hfh@findingbalance.com](mailto:hfh@findingbalance.com)



Some people believe that once you struggle with an eating disorder, you can never truly be free. **That's NOT TRUE.**



## 10th Anniversary HUNGRY FOR HOPE SUMMIT



#whatistrue

JUNE 22-23, 2018  
Liberty Hall @ The Factory  
FRANKLIN, TN

"Then you will KNOW the truth,  
and the TRUTH will set you FREE!"

- John 8:32

## Join us in Music City for our 10th Anniversary National SUMMIT!

Featuring Clinical and Community Tracks for Mental Health Practitioners, Coaches, Dietitians, Church/Lay Leaders, Students, and anyone seeking holistic, Christ-centered resources to repair their relationship with food and their bodies.

Clinicians earn up to 9 CEU's!



**SAM LAMPLE, LPC-S, CEDS-S**  
"Your Brain on Faith"  
Understanding the NeuroTheology  
of Spirituality in Recovery  
CLINICAL Lunch'n'Learn

JUN  
22

FRI  
—

- 8:00am Registration Open
- 8:45 Opening Ceremonies
- 9:00 "NEXT Starts NOW!"  
*Constance Rhodes*
- 9:30 "Food Is Not Your Savior"  
*Kelly Needham*
- 10:30 KEYNOTE  
"One Body, Many Parts" (CE)  
*Trauma, Fragmentation and the Reunification of our Innermost Being.* Chris Charleton, MA, MSW, LCSW
- 12:00 LUNCH'n'LEARN (Clinical)  
"Your Brain on Faith" (CE)  
*Understanding the Neuro-Theology of Spirituality in Recovery.* Sam Lample, MA, LPC-S, CEDS-S
- 1:30 "Freedom Is a Choice"  
*My Journey from Bulimia to Leading Others to Freedom in Christ.* Rae Lynn DeAngelis
- 2:00 "Restricted Jesus" (CE)  
*When Clients Limit More Than Food.* Katie Kovacs, MsEd, LPCC-S
- "Building a Dream Board" (CE)  
*A Therapeutic Intervention to Activate Your God-Given Dream.* Christina Garbati, LMHC  
Angelica Gonzalez, LMHC
- Songwriter/Artist Panel  
*Jimmy Needham, Jimi Williams, Constance Rhodes*
- MEN ONLY  
"Transcending the Eating Disordered Marriage" Chris Charleton, MA, MSW, LCSW
- 4:00 CLINICAL WORKSHOP (CE)  
"Distance Services: The New Frontier" *Ethics and Best Practices for Serving Clients Across State Lines.* Kevin Ganey, PsyD



**JIMMY NEEDHAM**  
Recording Artist



**KELLY NEEDHAM**  
"Food and the Bible"



**CHRIS CHARLETON, MA, MSW, LCSW**  
Interact Counseling



**APRIL WINSLOW, MS, RDN, CEDRD**  
Psychiatric Dietitian



**RAE LYNN DeANGELIS**  
Living In Truth Ministries



**CLIFF & WAI JIA TAM, MBBS, MTS, MPH**  
Kitesong Global



**TRAVIS STEWART, LPC**  
reflectiveprayer.com



**RACHEL HOCKETT**  
Actress/Writer/Speaker

\$249 **General Admission** (ages 18+ please)  
**\$299 inc. Clinical Workshops, CEU's & Lunch**  
 (CEU's pursued through NBCC, NASW, CDR)  
**SAVE UP TO 20%** "Buddy Buy" and group deals end soon.

**PLUS...**  
 Lee Wolfe Blum  
 Amy Carlson, MS, RD  
 Christina Garbati, LMHC  
 Lacey Stevenson  
 Kevin Ganey, PsyD  
 Angelica Gonzalez, LMHC  
 Katie Kovacs, MsEd, LPCC-S  
 Jimi Williams ... **and MORE!**

**FRIDAY NIGHT 6:45pm**  
**WORSHIP with RITA SPRINGER**



**SATURDAY NIGHT**  
 6pm SILENT AUCTION // 6:30 DINNER & PROGRAM

Pack something *dressy*  
 for our 2nd Semi-Annual  
**Freedom Stories**  
**GALA** 

\$125/person at the door. Discounted price of just \$49/ticket for Hungry for Hope registrants if purchased before May 31.



JUN  
23

SAT  
—

- 8:45am "Jesus Came to Make Us New"  
*Jimmy Needham*
- 10:00 "Healing The Innermost Parts" (CE)  
*A Christ-Centered Battle Plan.* Chris Charleton, MA, MSW, LCSW
- "Fuel Your Brain" *The Truth About Food & Recovery.* April Winslow, MS, RDN, CEDRD; Amy Carlson, MS, RD; Travis Stewart, LPC
- "Stewarding Your Story" *How To Use Your Voice For Good Without Compromising Your Recovery.* Lee Wolfe Blum; Constance Rhodes
- "Two Marriages, Many Miracles" *Risking Hope for Eternal Rewards* Cliff & Dr. Wai Jia Tam; Jimmy & Kelly Needham
- 12:00 LUNCH'n'LEARN (Clinical)  
"Your Brain on Food" (CE)  
*Understanding the NeuroBiology of Nutrition in the Eating Disordered Client.* April Winslow, MS, RDN, CEDRD
- "3 Lies Singles Believe About Their Size (and the TRUTH!)"  
Lacey Stevenson; Kelly Needham
- "Transcending the Eating Disordered Marriage - Pt. 2"  
*Couples and/or Marrieds with* Chris Charleton, MA, MSW, LCSW
- 1:45 10th Anniversary IMPACT Awards!
- 2:15 CLOSING KEYNOTE  
"From Littlest Wishes to Wildest Dreams" *When The World Says 'No', God Says YES!* Wai Jia Tam, MBBS, MTS, MPH; Travis Stewart, LPC, Rachel Hockett, Constance Rhodes & The Music City Freedom Choir
- 3:45 Affinity-Group Meet-Ups (Optional)